

**S'WET™ Workshop Weekends  
Host Agreement**

**QUICK SUMMARY:**

**Open to:** General Public

**Requires:** 10 Participants Minimum \* / 30 Maximum

**Hosting Fees:** None + **Host will receive complimentary registrations**

**Travel Fees:** None

\* Please see Full Terms and Conditions for additional details. For most US-based locations, we ask hosts to work with us to commit to recruiting at least 10 participants from their staff, professional networks and the general public. We will assist you in advertising and promoting the event online, at nearby facilities and other appropriate venues to reach the minimum.

**Costs to Participants:**

- \$45 for one workshop; \$80 for two; \$120 for three; \$150 for four.
- Turf to Surf Workshop (4-hr training): \$150.
- S'WET™ Instructor Training (8-hr training): \$300.
- S'WET™ DEEP Instructor Training (8-hr training): \$300.
- S'WET™ SILVER Instructor Training (8-hr training): \$300.

**BUNDLE IT UP and \$AVE:**

- Depending on the selected workshops offered, we will work with you to build out bundles/package deals for registered participants.

**Prior to the event, we will coordinate with you/your host to build out an official schedule and access to pool/lecture space.**

For full descriptions of our available workshops, including CEC information, equipment used and focus of education, please visit us at:

<https://www.jennilynnfitness.com/workshops>

Please fill out the complete **Application** and review the **Full Terms and Conditions** for hosting a weekend of workshops on the following pages:

**S'WET™ Workshop Weekend: Host Agreement**

**COMPLETE APPLICATION:**

Please fill out the below application and return via email to [JenniLynn@JenniLynnFitness.com](mailto:JenniLynn@JenniLynnFitness.com) as a PDF or PHOTO of the pages.

<b>CONTACT DETAILS:</b>		
Your Name / Title:		
Your Email / Phone #:		
Host Name / Title:		
Host Email / Phone #:		
Facility Address:		
Dates Interested:	<input type="checkbox"/> Jan - March 2025 <input type="checkbox"/> April - June 2025 <input type="checkbox"/> July - August 2025 <input type="checkbox"/> Sept - Dec 2025	<input type="checkbox"/> Jan - March 2026 <input type="checkbox"/> April - June 2026 <input type="checkbox"/> July - August 2026 <input type="checkbox"/> Sept - Dec 2026

**You have a variety of options and workshops to choose from to mix-and-match and custom build your weekend experience:**

<b>MOST POPULAR OPTION:</b>		
<b>BUILD YOUR WEEKEND: WITH A S'WET™ INSTRUCTOR TRAINING PLUS WORKSHOPS</b>		
<b>Day 1 (SAT / SUN)</b>  Select up to <u>3</u> Workshops:	<input type="checkbox"/> Aqua Depth <input type="checkbox"/> Dual Strength & Cardio <input type="checkbox"/> S'WET™ Bootcamp <input type="checkbox"/> Wave Warrior	<input type="checkbox"/> Noodle RX <input type="checkbox"/> Noodle Core & More <input type="checkbox"/> Hydro Burn
<b>Day 2 (SAT / SUN)</b>	<input type="checkbox"/> S'WET™ Instructor Training (8-hours/Full Day)  <input type="checkbox"/> S'WET™ DEEP Instructor Training (8-hours/Full Day)  <input type="checkbox"/> S'WET™ SILVER Instructor Training (8-hours/Full Day)	

**S'WET™ Workshop Weekend: Host Agreement**

<b>BUILD YOUR WEEKEND: WITH A S'WET™ INSTRUCTOR TRAINING PLUS TURF TO SURF</b>			
Day 1 ( <b>SAT</b> / SUN)	<input type="checkbox"/> Turf to Surf (4-hours)* * If you book our Turf to Surf workshop (4-hours), please select <b>only 1 other workshop</b> to be offered that same day:		
Select <u>1</u> Workshop:	<table border="1"> <tr> <td> <input type="checkbox"/> Aqua Depth  <input type="checkbox"/> Dual Strength &amp; Cardio  <input type="checkbox"/> S'WET™ Bootcamp  <input type="checkbox"/> Wave Warrior               </td> <td> <input type="checkbox"/> Noodle RX  <input type="checkbox"/> Noodle Core &amp; More  <input type="checkbox"/> Hydro Burn               </td> </tr> </table>	<input type="checkbox"/> Aqua Depth <input type="checkbox"/> Dual Strength & Cardio <input type="checkbox"/> S'WET™ Bootcamp <input type="checkbox"/> Wave Warrior	<input type="checkbox"/> Noodle RX <input type="checkbox"/> Noodle Core & More <input type="checkbox"/> Hydro Burn
<input type="checkbox"/> Aqua Depth <input type="checkbox"/> Dual Strength & Cardio <input type="checkbox"/> S'WET™ Bootcamp <input type="checkbox"/> Wave Warrior	<input type="checkbox"/> Noodle RX <input type="checkbox"/> Noodle Core & More <input type="checkbox"/> Hydro Burn		
Day 2 (SAT / <b>SUN</b> )	<input type="checkbox"/> S'WET™ Instructor Training (8-hours/Full Day) <input type="checkbox"/> S'WET™ DEEP Instructor Training (8-hours/Full Day) <input type="checkbox"/> S'WET™ SILVER Instructor Training (8-hours/Full Day)		

<b>BUILD YOUR WEEKEND: WITHOUT ANY S'WET™ INSTRUCTOR TRAININGS</b>			
Split up the workshops you select over both days.	<input type="checkbox"/> Workshops Only (Choose <u>up to 6</u> below) <input type="checkbox"/> Turf to Surf Only (4-hours - One Day Event) <input type="checkbox"/> Turf to Surf with Workshops * * If you book our Turf to Surf workshop (4-hours), please select <b>up to 4 other workshops</b> to be split over 2 days.		
Note: If you added Turf to Surf, then choose up to <u>4</u> :	<table border="1"> <tr> <td> <input type="checkbox"/> Aqua Depth  <input type="checkbox"/> Dual Strength &amp; Cardio  <input type="checkbox"/> S'WET™ Bootcamp  <input type="checkbox"/> Wave Warrior               </td> <td> <input type="checkbox"/> Noodle RX  <input type="checkbox"/> Noodle Core &amp; More  <input type="checkbox"/> Hydro Burn               </td> </tr> </table>	<input type="checkbox"/> Aqua Depth <input type="checkbox"/> Dual Strength & Cardio <input type="checkbox"/> S'WET™ Bootcamp <input type="checkbox"/> Wave Warrior	<input type="checkbox"/> Noodle RX <input type="checkbox"/> Noodle Core & More <input type="checkbox"/> Hydro Burn
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<b>BUILD YOUR WEEKEND: S'WET™ INSTRUCTOR TRAININGS ONLY</b>	
Day 1 ( <b>SAT</b> / SUN)	<input type="checkbox"/> S'WET™ Instructor Training (8-hours/Full Day) <input type="checkbox"/> S'WET™ DEEP Instructor Training (8-hours/Full Day) <input type="checkbox"/> S'WET™ SILVER Instructor Training (8-hours/Full Day)
Day 2 (SAT / <b>SUN</b> )	<input type="checkbox"/> S'WET™ Instructor Training (8-hours/Full Day) <input type="checkbox"/> S'WET™ DEEP Instructor Training (8-hours/Full Day) <input type="checkbox"/> S'WET™ SILVER Instructor Training (8-hours/Full Day)

## S'WET™ Workshop Weekend: Host Agreement

<b>AVAILABLE EQUIPMENT:</b> (Check All That Apply & Provide Available #'s)	
<b>Standard Pool Noodles</b>	# Count:
<b>Hand Buoys</b>	# Count:
<b>Flotation Belts *</b>	# Count:  * <b>For our S'WET™ Deep Instructor Training</b> , a flotation belt for each participant is required!  * <b>For our S'WET™ Silver Instructor Training</b> , if offered in deep water or as dual depth, a flotation belt for each participant will be required!
<b>Speciality Equipment</b>	Please specify so we can try to incorporate available equipment into your workshop experience:

<b>Please provide available lecture &amp; pool access times (if known)</b>	
<b>Lecture Room Times:</b>	
<b>1st Pool Time:</b>	
<b>2nd Pool Time:</b>	

### **FULL TERMS & CONDITIONS FOR HOSTING WORKSHOPS**

**COSTS & EXPENSES:** There are no charges to the facility to host a public S'WET™ Workshop Weekend, and all travel and accommodation expenses for the Master Trainer will be covered entirely by Jenni Lynn Fitness.

**REGISTRATIONS:** All registrations and payments will be handled by Jenni Lynn Fitness. Participants will register for the event and receive confirmations through our secured website. For public events in the Continental U.S., we do ask hosts to guarantee a minimum of ten (10) participants. For Hawaii, Alaska, and International hosts, we ask for a guarantee of twenty (20) participant minimum. If fourteen (14) days prior to the event the minimum is not met, Jenni Lynn Fitness reserves the right to cancel or reschedule the event. Any registered participants will be refunded in full.

## S'WET™ Workshop Weekend: Host Agreement

**EQUIPMENT:** Due to the high-intensity and strength-building nature of the S'WET™ program, some standard pool equipment is required. The facility must provide participants with either hand buoys or noodles and access to the pool wall. For **S'WET™ DEEP**, **flotation belts for each participant are required**. For **S'WET™ Silver**, when hosted as dual-depth, a flotation belt for each participant is required. If your facility does not have access to any or enough equipment, please let us know ASAP so we can assist and/or discuss alternative options.

**CANCELLATION POLICY:** Once a workshop weekend is booked, you may cancel at any point up to three (3) weeks before the scheduled date. Should you need to cancel after that period, for any reason, you may be subject to a \$500 cancellation fee for voided airfare and accommodations. We will first do our best to work with the host facility to reschedule, if possible.

**POOL REQUIREMENTS:** In order to host a public workshop weekend, we will need the following conditions met: Access to a shallow water pool (min 3.5', max 5') with water temperature set between 81-86 degrees. For **S'WET™ DEEP** or **S'WET™ Silver** (when offered as dual depth) we need access to a deep water pool (min of 6-feet). Host facility must also provide a pool microphone (or adaptable speaker for mic) & system as well as an ipod/mp3 compatible stereo/speaker, preferably with bluetooth capabilities. Master Trainers will need a stool and floor mat to perform properly on deck. If you have any questions about these requirements or need recommendations, please let us know.

**LECTURE ROOM:** A private lecture or classroom space large enough to safely seat up to thirty (30) maximum attendees will also be required. Master Trainers will need the use of a table at the front of the room with access to an LCD projector & screen (or equivalent presentation /television monitor with HDMI capabilities) and an electricity source.

**STAFF ASSISTANCE:** Host facility must provide Jenni Lynn Fitness with a reliable, on-site point of contact prior to, during and after the event for both administrative and physical assistance, including but not limited to help with planning the event, directing or guiding participants on site and/or distributing equipment at the pool and lecture as needed. Host also agrees to print out any required materials for each registered participant.

**ADVERTISING:** Jenni Lynn Fitness will provide the host facility with marketing materials for use in person, print, electronic and social media advertising. Hosts of a public workshop weekend agree to promote the event to their staff, facility members, networking partners as well as the general public, and will permit Jenni Lynn Fitness to do the same through similar channels, including online, print or other advertising medium.

**RECORDING OF EVENT:** Jenni Lynn Fitness reserves the right to photograph and/or record any or all of the public workshop weekend, and will own the rights to use said materials for internal use or future promotional purposes.

**LIABILITY WAIVER:** In consideration for hosting a public workshop weekend, you hereby waive, release and forever discharge Jenni Lynn Fitness and its principals, officers, directors, agents, insurers and employees from liability from any and all claims, actions and causes of action, including resulting from you or your facility's negligence, or at any time resulting from

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your participation in hosting a training, including any such that relate to costs, expenses or damages to personal property or for personal injury or illness, including death. Additionally, as host of the public workshop weekend, you hereby waive Jenni Lynn Fitness, its principals, officers, agents or employees from any liability claims, actions or causes of action related to COVID-19 illnesses.

**COVID COMPLIANCE:** Upon request, host facilities must provide Jenni Lynn Fitness with up to date local and state COVID compliance regulations, including but not limited to social distancing and mask mandates. Host facility's pool and lecture spaces must also be compliant with your state and local rules, including full sanitation before, during and after the event of shared spaces and equipment. Jenni Lynn Fitness reserves the right to cancel or postpone a public event at any time should the facility become non-compliant.

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By continuing to book a Weekend of Workshops event, you agree to the terms and conditions as outlined above.

\_\_\_\_\_  
Host Name

\_\_\_\_\_  
Host Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Host Facility Name/Location

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### **FOR JENNI LYNN FITNESS / INTERNAL USE ONLY:**

ONCE OFFICIALLY BOOKED:

<b>DATE &amp; SCHEDULE OF EVENT:</b>	<b>SAT: X/XX/XXXX</b>	<b>SUN: X/XX/XXXX</b>
<b>MASTER TRAINER ASSIGNED:</b>		