

S'WET™ Workshop Weekends Host Agreement

QUICK SUMMARY:

Open to: General Public

Requires: 10 Participants Minimum * / 30 Maximum

Hosting Fees: None + **Host will receive complimentary registrations**

Travel Fees: None

* Please see Full Terms and Conditions for additional details. For most US-based locations, we ask hosts to work with us to commit to recruiting at least 10 participants from their staff, professional networks and the general public. We will assist you in advertising and promoting the event online, at nearby facilities and other appropriate venues to reach the minimum.

Costs to Participants:

- \$45 for one workshop; \$80 for two; \$120 for three; \$150 for four.
- Turf to Surf Workshop (4-hr training): \$150.
- S'WET™ SHALLOW Instructor Training (8-hr training): \$300.
- S'WET™ DEEP Instructor Training (8-hr training): \$300.
- S'WET™ SILVER Instructor Training (8-hr training): \$300.

BUNDLE IT UP and \$AVE:

- Depending on the selected workshops offered, we will work with you to build out bundles/package deals for registered participants.

Prior to the event, we will coordinate with you/your host to build out an official schedule and access to pool/lecture space.

For full descriptions of our available workshops, including CEC information, equipment used and focus of education, please visit us at:

<https://www.jennilynnfitness.com/workshops>

Please fill out the complete **Application** and review the **Full Terms and Conditions** for hosting a weekend of workshops on the following pages:

S'WET™ Workshop Weekend: Host Agreement

COMPLETE APPLICATION:

Please fill out the below application and return via email to
JenniLynn@JenniLynnFitness.com as a PDF or PHOTO of the pages.

CONTACT DETAILS:		
Your Name / Title:		
Your Email / Phone #:		
Host Name / Title:		
Host Email / Phone #:		
Facility Address:		
Dates Interested:	☐ Jan - March 2026 ☐ April - June 2026 ☐ July - August 2026 ☐ Sept - Dec 2026	☐ Jan - March 2027 ☐ April - June 2027 ☐ July - August 2027 ☐ Sept - Dec 2027

You have a variety of options and workshops to choose from to mix-and-match and custom build your weekend experience:

MOST POPULAR OPTION:		
BUILD YOUR WEEKEND: WITH A S'WET™ INSTRUCTOR TRAINING PLUS WORKSHOPS		
Day 1 (SAT / SUN) Select up to <u>3</u> Workshops:	☐ Aqua Depth ☐ Dual Strength & Cardio ☐ S'WET™ Bootcamp 2 ☐ Silver Wave Warrior	☐ Noodle RX ☐ Noodle Core & More ☐ Hydro Burn ☐ Challenge Accepted
Day 2 (SAT / SUN)	☐ S'WET™ Instructor Training (8-hours/Full Day) ☐ S'WET™ DEEP Instructor Training (8-hours/Full Day) ☐ S'WET™ SILVER Instructor Training (8-hours/Full Day)	

S'WET™ Workshop Weekend: Host Agreement

BUILD YOUR WEEKEND: WITH A S'WET™ INSTRUCTOR TRAINING PLUS TURF TO SURF		
Day 1 (SAT / SUN)	☐ Turf to Surf (4-hours)*	
* If you book our Turf to Surf workshop (4-hours), please select only 1 other workshop to be offered that same day:		
Select 1 Workshop:	☐ Aqua Depth ☐ Dual Strength & Cardio ☐ S'WET™ Bootcamp 2 ☐ Silver Wave Warrior	☐ Noodle RX ☐ Noodle Core & More ☐ Hydro Burn ☐ Challenge Accepted
Day 2 (SAT / SUN)	☐ S'WET™ Instructor Training (8-hours/Full Day) ☐ S'WET™ DEEP Instructor Training (8-hours/Full Day) ☐ S'WET™ SILVER Instructor Training (8-hours/Full Day)	

BUILD YOUR WEEKEND: WITHOUT ANY S'WET™ INSTRUCTOR TRAININGS		
Split up the workshops you select over both days.	☐ Workshops Only (Choose <u>up to 6</u> below) ☐ Turf to Surf Only (4-hours - One Day Event) ☐ Turf to Surf with Workshops *	
* If you book our Turf to Surf workshop (4-hours), please select up to 4 other workshops to be split over 2 days.		
Note: If you added Turf to Surf, then choose up to 4:	☐ Aqua Depth ☐ Dual Strength & Cardio ☐ S'WET™ Bootcamp 2 ☐ Silver Wave Warrior	☐ Noodle RX ☐ Noodle Core & More ☐ Hydro Burn ☐ Challenge Accepted

BUILD YOUR WEEKEND: S'WET™ INSTRUCTOR TRAININGS ONLY	
Day 1 (SAT / SUN)	☐ S'WET™ Instructor Training (8-hours/Full Day) ☐ S'WET™ DEEP Instructor Training (8-hours/Full Day) ☐ S'WET™ SILVER Instructor Training (8-hours/Full Day)
Day 2 (SAT / SUN)	☐ S'WET™ Instructor Training (8-hours/Full Day) ☐ S'WET™ DEEP Instructor Training (8-hours/Full Day) ☐ S'WET™ SILVER Instructor Training (8-hours/Full Day)

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AVAILABLE EQUIPMENT: (Check All That Apply & Provide Available #'s)	
Standard Pool Noodles	# Count:
Hand Buoys	# Count:
Flotation Belts *	# Count: * For our S'WET™ Deep Instructor Training , a flotation belt for each participant is required! * For our S'WET™ Silver Instructor Training , if offered in deep water or as dual depth, a flotation belt for each participant will be required!
Speciality Equipment	Please specify so we can try to incorporate available equipment into your workshop experience:

Please provide available lecture & pool access times (if known)	
Lecture Room Times:	
1st Pool Time:	
2nd Pool Time:	

FULL TERMS & CONDITIONS FOR HOSTING WORKSHOPS

Costs & Expenses

- Hosting a public S'WET™ Workshop Weekend is **completely free** for your facility.
- **Jenni Lynn Fitness** covers all Master Trainer travel costs and accommodations.

Registrations

- All registrations and payments are handled directly through **Jenni Lynn Fitness**. The host facility agrees to help promote the event to reach the minimum participant requirement.
- If the minimum is not met **14 days before the event**, Jenni Lynn Fitness reserves the right to reschedule or cancel, with full refunds issued to registered participants.

Pool & Equipment Requirements

- **Shallow Pool:** Minimum 3.5', Maximum 5' depth; water temperature 82–86°F
- **Deep Pool:** Minimum 6' depth (for DEEP or dual-depth Silver trainings)
- **Equipment:** Standard pool equipment must be provided by the hosting facility. Each participant should have access to hand buoys or noodles and the pool wall. For S'WET™ DEEP and S'WET™ Silver — if offered in deep water or as dual depth — flotation belts are required for all participants. If equipment is limited or unavailable, please notify us as soon as possible to explore alternative options.
- **Sound & Setup:**
 - Pool microphone or adaptable speaker system
 - Music playback (Bluetooth-compatible if possible)
 - Stool and floor mat for the instructor

Note: S'WET™ trainings are designed to be flexible and minimally disruptive to regular facility operations. We typically require only **a portion of the pool for a few hours at a time**, and we'll work closely with your staff to coordinate scheduling so that **regular programming can continue with as little interruption as possible**.

Lecture Room Requirements

- Private space for up to 30 participants with seating options (tables if available).
- One presentation table, projector or large monitor with HDMI input, and access to power (outlets/cords).

Staff Assistance

- Host must provide an on-site point of contact before, during, and after the event
- Assist with logistics, participant guidance, and material distribution
- Print all required participant handouts provided by Jenni Lynn Fitness

Advertising & Promotion

- Jenni Lynn Fitness will provide digital marketing materials.
- Hosts agree to promote the event through internal channels (staff, members, social media, newsletters, etc.) and permit Jenni Lynn Fitness to promote publicly.
- If the host facility has a Social Media/Marketing department, the host will ensure the event is promoted through all available social media channels.

Recording & Media

Jenni Lynn Fitness may photograph or record portions of the event for promotional or educational use.

Liability Waiver

By signing this agreement, the host waives, releases and forever discharges Jenni Lynn Fitness and its principals, officers, directors, agents, insurers and employees from liability from any and all claims, including resulting from you or your facility's negligence, or at any time resulting from your participation in hosting a training, including any such that relate to costs, expenses or damages to personal property or for personal injury or illness (including COVID-19), including death, or other claims arising from hosting the event.

Cancellation Policy

Hosts may cancel up to **3 weeks prior** to the scheduled date without penalty. Cancellations within 3 weeks may incur a **\$500 fee** to cover nonrefundable travel expenses. We will always attempt to reschedule first when possible.

By continuing to book a Weekend of Workshops event, you agree to the terms and conditions as outlined above.

Host Name

Host Signature

Date

Host Facility Name/Location

FOR JENNI LYNN FITNESS / INTERNAL USE ONLY:

ONCE OFFICIALLY BOOKED:

DATE & SCHEDULE OF EVENT:	SAT: X/XX/XXXX		SUN: X/XX/XXXX	
MASTER TRAINER ASSIGNED:				